

## July MENU 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B: Nature's Path Whole O's w/ Grass Fed Milk L: Grilled Cheese & Tomato Soup PM Snack: Mango & Seven Stars Yogurt LPU: Organic Valley Mozzarella Cheese	B: Gluten Free Maple Blueberry Oatmeal L: Organic Quinoa Farro Salad w/ Chicken PM Snack: Organic Berries & Yogurt LPU: Organic Cinnamon Raisin Chia Bites	B: Organic Green Smoothie L: Pizza Day!! PM Snack: Melon & Seven Stars Yogurt LPU: Organic Trail Mix	4 <sup>th</sup> of July School Closed	School Closed
B: Organic Brown Rice Crisps & Organic Milk L: Organic Avocado Toast & South West ABC soup PM Snack: Mango & Seven Stars Yogurt LPU: Organic Valley Cheddar Cheese	B: Very Berry Chia Parfait L: Turkey Taco w/ Avocado PM Snack: Organic Berries & Seven Stars Yogurt LPU: Organic Brown Rice Crispy Balls	B: Overnight Mango Chia Oats L: Organic Pasta w/ Creamy TBS Super Sauce PM Snack: Melon & Seven Stars Yogurt LPU: Organic Baby Carrots & Vegetable Medley Dip	B: Organic Turkey Sausage Egg & Cheese Bake L: Organic Chicken Salad Pita Sandwich PM Snack: Organic Pineapple & Seven Stars Yogurt LPU: Organic Brown Rice Cakes & Apple Butter	B: Organic Tropical Fruit Smoothie L: Pizza Day!! Steamed Organic Broccoli PM Snack: Organic Fruit Bars LPU: Organic Trail Mix
B: Kashi Berry Crumble & Organic Milk L: Organic Grilled Cheese Sandwich & Tomato Soup PM Snack: Mango & Seven Stars Yogurt LPU: Organic Valley Mozzarella Cheese	B: Organic Sun butter & Jelly w/Banana L: Organic GF Chicken Tenders w/ Summer Veggie Pasta Salad PM Snack: Organic Peaches & Seven Stars Yogurt LPU: Organic Cinnamon Raisin Chia Bites	B: Gluten Free Mixed Berry Oatmeal L: Organic Cheese Ravioli w/ TBS Super sauce Snack: Melon & SS Yogurt LPU: Organic Whole Wheat Crackers & Beet Hummus	B: Organic Scrambled Eggs & Pancakes L: Organic Chicken Bites w/ Steamed Vegetables PM Snack: Organic Pineapple & Seven Stars Yogurt LPU: Organic Brown Rice Cakes w/ Sun Butter	B: Organic Green Smoothie L: Pizza Day!! Steamed Organic String Beans Snack: Organic Seasonal Fruit Salad & Yogurt LPU: Organic Late July Cheddar Cheese Bites & Banana
B: Organic Brown Rice Crisps & Organic Milk L: Organic Avocado Toast & South West ABC Soup PM Snack: Mango & Seven Stars Yogurt LPU: Organic Valley Cheddar Cheese	B: Very Berry Chia Parfait L: Organic Turkey Taco w/ Avocado PM Snack: Organic Berries & Seven Stars Yogurt LPU: Organic Brown Rice Crispy Balls	B: Overnight Mango Chia Oats L: Organic Pasta w/ Creamy TBS Super Sauce PM Snack: Melon & Seven Stars Yogurt LPU: Organic Baby Carrots & Vegetable Medley Dip	B: Organic Turkey Sausage Egg & Cheese Bake L: Organic Chicken Salad Pita Sandwich PM Snack: Organic Pineapple & Seven Stars Yogurt LPU: Organic Brown Rice Cakes & Apple Butter	B: Organic Tropical Fruit Smoothie L: Pizza Day!! Steamed Organic Broccoli PM Snack: Organic Fruit Bars LPU: Organic Trail Mix
B: Organic Berry Crumble & Organic Milk L: Organic Grilled Cheese Sandwich & Tomato Soup PM Snack: Mango & Seven Stars Yogurt LPU: Organic Valley Mozzarella Cheese	B: Organic Sun butter & Jelly w/Banana L: Organic GF Chicken Tenders w/ Summer Veggie Pasta Salad PM Snack: Organic Peaches & Seven Stars Yogurt LPU: Organic Cinnamon Raisin Chia Bites	B: Gluten Free Mixed Berry Oatmeal L: Organic Cheese Ravioli w/ TBS Super sauce Snack: Melon & SS Yogurt LPU: Organic Whole Wheat Crackers & Beet Hummus		

**PUREES:** Banana, Apple, Pears, Berries, Peaches, Mango, Peas, Spinach, Yogurt, Oatmeal & Squash.